

INDEMNITY NOTICE

IMPORTANT NOTICE FOR PARTICIPANTS

RISK WARNING, WAIVER AND INDEMNITY

- By participating in the Medibank Feel Good Program you acknowledge that South Bank Parklands and its contracted instructors take all reasonable steps to provide you with safe and enjoyable fitness classes and / or dance programs.
- By participating you acknowledge that certain inherent risks exist in relation to participation. You acknowledge that you fully understand these risks and participate freely and accept the risks involved.
- You agree to indemnify, and will not hold responsible, South Bank Parklands and instructors from all claims and liabilities associated with participation.
- You acknowledge you are physically and mentally capable of participating.
- Discontinue any exercise that causes you pain, severe discomfort, nausea, dizziness, or shortness of breath and consult a medical practitioner.
- All persons under 18 years of age are not able to participate in the Medibank Feel Good Program without supervision of a parent or guardian.



South Bank
Parklands

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